



BROCKTON GX



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00AM-9:50AM PURE STRENGTH Michelle	9:00AM-9:50AM KICK'N ABS Jessica N	9:00AM-9:50AM ZUMBA DAP	9:00AM-9:50AM PURE STRENGTH DAP	9:00AM-9:50AM KICK and CORE Tina	8:30AM-9:20AM URBAN STEP w/WEIGHTS Jenn	8:30AM-9:20AM PILATES Patricia
10:00AM - 10:50AM PIYO STRENGTH Michelle	10:00AM - 10:50AM CARDIO SCULPT Jessica N	10:00AM - 10:50AM "TIME" to SHRED DAP	10:00AM - 10:50AM ZUMBA DAP	10:00AM - 10:50AM BANDS & BAR STRENGTH Tina	9:30AM-10:20AM KO KICK "LIGHTS OUT" Jenn	9:30AM-10:20AM CARDIO DANCE FIT DR. B
		4:30PM - 5:20PM BODY BARRE DAP			10:30AM - 11:20AM ZUMBA Shaunice	
5:30PM - 6:20PM STRONG Shaunice	5:30PM - 6:20PM KICK'N ABS Antonio	5:30PM - 6:20PM MUSCLE CONFUSION DAP	5:30PM - 6:20PM CARDIO KICKBOXING DAP		BABYSITTING HOURS MONDAY - FRIDAY 8:30AM-12:00PM / 4:30PM-8:30PM SATURDAY & SUNDAY 8:30AM-12:00PM Like us on Facebook wownewengland.com www.facebook.com/wownewengland	
6:30PM - 7:20PM ZUMBA Chi	6:30PM - 7:20PM BRAZILIAN BOOTY & ABS Antonio	6:30PM - 7:20PM ZUMBA Jessica R	6:30PM - 7:20PM ZUMBA Camille	6:30PM - 7:20PM ZUMBA Myriam		
	7:30PM - 8:20PM ZUMBA Karen G.					

Please Note: All classes are FREE to Platinum Members PLEASE NOTE KOKick"Lights out"class is with the lights off