



# TAUNTON GX



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>6:00AM - 6:50AM</b> STUDIO CYCLE Sue	<b>6:00AM - 6:50AM</b> MUSCLE CONFUSION Anastasia	<b>6:00AM - 6:50AM</b> STUDIO CYCLE Rachel		<b>6:00AM - 6:50AM</b> STUDIO CYCLE Rachel	<b>7:30AM - 8:20AM</b> STUDIO CYCLE Rachel	
<b>9:00AM-9:50AM</b> ZUMBA Linda	<b>9:00AM-9:50AM</b> KICK & TONE DAP	<b>9:00AM-9:50AM</b> MUSCLE CONFUSION Liz	<b>9:00AM-9:50AM</b> PURE STRENGTH Sherri	<b>9:00AM-9:50AM</b> GLOW-RIDE! Liz	<b>8:30AM - 9:20AM</b> MUSCLE CONFUSION Jim	<b>8:30AM - 9:20AM</b> ZUMBA Camille
	<b>10:00AM-10:50AM</b> ZUMBA DAP	<b>10:00AM-10:50AM</b> PILATES Liz	<b>10:00AM-10:50AM</b> YOGA Sherri	<b>10:00AM-10:30AM</b> EXPRESS UPPER BODY & CORE Liz	<b>9:30AM - 10:20AM</b> CLUB ZUMBA! Lucy/Letecia	<b>9:30AM - 10:20AM</b> YOGA Rikki
			<b>4:30PM-5:20PM</b> GLOW-RIDE! Amanda		ZUMBA	
<b>5:30PM - 6:20PM</b> CLUB ZUMBA! Katie	<b>5:30PM - 6:20PM</b> STUDIO CYCLE Linda A	<b>5:30PM - 6:20PM</b> ZUMBA Lucy	<b>5:30PM - 6:20PM</b> CARDIO KICKBOXING Tamra	<b>5:30PM - 6:20PM</b> STRENGTH and CORE Amanda	<b>BABYSITTING HOURS</b> MONDAY - FRIDAY 8:30AM-12:00PM / 4:30PM-8:30PM SATURDAY & SUNDAY 8:30AM-12:00PM  Like us on <b>Facebook</b> <b>wownewengland.com</b>	
<b>6:30PM - 7:20PM</b> "TIME" TO SHRED Anastasia	<b>6:30PM - 7:20PM</b> CLUB ZUMBA Camille	<b>6:30PM - 7:20PM</b> PURE STRENGTH Lynn	<b>6:30PM - 7:20PM</b> CLUB ZUMBA! Katie			
<b>7:30PM - 8:20PM</b> BUTI YOGA Bailey						

Please Note: All classes are FREE to Platinum Members

The warm-up is essential to prevent injury. Schedules and Instructors are subject to change at anytime.